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A Report on Alumni Guest Lecture on

"Building Confidence and Discover your Strengths" **Organized by Department of Mechanical Engineering** on 28.10.2025



Report Submitted by: Dr. Muthu Lakshmanan, Assistant Professor, Department of Mechanical Engineering. Resource Person Details: Mr. P. Mohammed Vaseem, Project Engineer at Cape Serve Energy Pvt. Ltd., Chennai.

Mode of Conduct: Offline

Venue: Room Number: KK-009 (KK BLOCK)

Report Received on 06.11.2025.

Introduction

The Department of Mechanical Engineering organized an Alumni Guest Lecture on 28th October 2025 in the KK-009, MITS. The invited guest was Mr. P. Mohammed Vaseem, a distinguished alumnus of the department, who is currently employed as a Project Engineer at Cape Serve Energy Pvt. Ltd., Chennai.

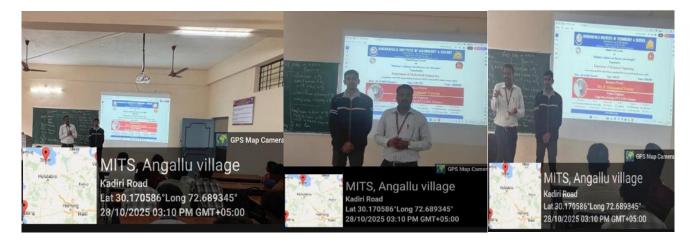
The session was specifically designed for third-year Mechanical Engineering students, focusing on the theme "Building Confidence and Discover Your Strengths." The objective of the lecture was to motivate students to identify their personal abilities, build self-belief, and prepare effectively for academic and professional challenges.

The program was coordinated by **Dr. Muthu Lakshmanan**, who warmly welcomed the speaker and introduced him to the audience by highlighting his academic achievements and career progression. The session concluded with appreciation remarks by Dr. Baskaran, Head of the Department, along with faculty members who expressed gratitude for the speaker's valuable interaction with the students.

Objective of the Guest Lecture

The Alumni Guest Lecture aimed to help students enhance their self-confidence, communication, and career-readiness **skills** by learning from an accomplished alumnus. The key objectives were:

- To inspire students to identify their individual strengths and talents.
- To emphasize the **importance of confidence and self-awareness** in academic and professional success.
- To provide strategies for personal development and goal setting.
- To strengthen the **bond between alumni and students**, fostering professional mentorship.
- To encourage students to adopt a positive mindset and leadership attitude in their career path.



Proceedings of the Event

The event commenced at 3.00 PM with the presence of students, faculty members, and the Head of the Department.

Welcome Address and Introduction

Dr. Muthu Lakshmanan, the event coordinator, began the session with a warm welcome to the gathering. He highlighted the importance of alumni interactions as a bridge between academic learning and professional realities.

He then introduced **Mr. P. Mohammed Vaseem**, emphasizing his professional journey from a Mechanical Engineering graduate to a **Project Engineer** at **Cape Serve Energy Pvt. Ltd., Chennai**. His success story served as an inspiration for students aiming to make a mark in both technical and personal development fields.

Address by the Speaker - Mr. P. Mohammed Vaseem

Mr. Vaseem began his lecture by sharing his personal experiences during his college years and the challenges he overcame through **self-confidence**, **perseverance**, **and clarity of purpose**.

He then elaborated on the session's central theme – "Building Confidence and Discovering Your Strengths." His talk covered the following key areas:

- Understanding Self-Confidence: The role of confidence in achieving academic and professional excellence.
- **Recognizing Personal Strengths:** How students can identify their core skills, technical abilities, and personality traits that make them unique.
- Overcoming Fear and Doubt: Techniques to face interviews, presentations, and real-world problems with a positive mindset.
- Developing Soft Skills: Importance of communication, teamwork, and adaptability in the modern workplace.
- Balancing Academics and Growth: Managing time efficiently and setting achievable goals.

He also encouraged students to participate in group projects, internships, and extracurricular activities to **discover their hidden potential**. Through inspiring real-life examples from his career, Mr. Vaseem demonstrated how **confidence and self-awareness** play a vital role in professional success

Interactive Session

The session became highly engaging during the question-and-answer segment. Students raised questions on **overcoming** stage fear, preparing for interviews, and maintaining motivation during challenging academic periods.

Mr. Vaseem answered each query with practical suggestions and personal anecdotes, encouraging students to stay consistent and to view failures as stepping stones to improvement.

Appreciation and Vote of Thanks

The session concluded with **appreciation remarks by Dr. Baskaran**, Head of the Department, who praised the speaker for his motivational talk and inspiring interaction. He emphasized that such alumni engagements help students gain real-world perspectives beyond classroom learning.

Faculty members also expressed their gratitude for the enriching session. The program ended with a **vote of thanks** and a group photo session, marking the event's success.

Key Takeaways

The Alumni Guest Lecture delivered by Mr. P. Mohammed Vaseem provided valuable lessons and inspiration for students.

The key takeaways from the event were:

- Confidence as a Skill: Confidence is developed through consistent practice, preparation, and self-belief.
- **Discovering Strengths:** Every individual possesses unique talents that can be refined through effort and experience.
- Holistic Growth: Academic excellence must be complemented by soft skills and emotional intelligence.
- Adaptability: Being open to change and learning from challenges is essential in today's competitive environment.
- Motivation and Leadership: A confident individual not only succeeds personally but also inspires others.

The students appreciated the speaker's simple yet impactful approach and expressed motivation to implement his suggestions in their daily academic and personal lives.

Conclusion

The Alumni Guest Lecture by **Mr. P. Mohammed Vaseem** was a remarkable event that combined motivation, personal development, and practical advice. His journey and insights inspired the third-year Mechanical Engineering students to focus on **self-improvement**, **confidence-building**, **and recognizing their strengths**.

The session successfully achieved its objectives by connecting students with a successful alumnus who exemplifies determination, resilience, and leadership.

The **Department of Mechanical Engineering** extends its heartfelt gratitude to **Mr. P. Mohammed Vaseem** for his time and valuable contribution. Special thanks to **Dr. Muthu Lakshmanan**, the event coordinator, and **Dr. Baskaran**, Head of the Department, for their support in organizing this insightful session.

The lecture concluded on an inspiring note, leaving students motivated to explore their strengths and face future challenges with confidence and positivity.